

Simulation-based training and assessment of non-technical skills in the Norwegian Helicopter Emergency Medical Services: a cross-sectional survey

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ABSTRACT

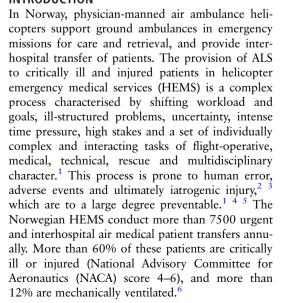
Background Human error and deficient non-technical skills (NTSs) among providers of ALS in helicopter emergency medical services (HEMS) is a threat to patient and operational safety. Skills can be improved through simulation-based training and assessment.

Objective To document the current level of simulationbased training and assessment of seven generic NTSs in crew members in the Norwegian HEMS.

Methods A cross-sectional survey, either electronic or paper-based, of all 207 physicians, HEMS crew members (HCMs) and pilots working in the civilian Norwegian HEMS (11 bases), between 8 May and 25 July 2012. **Results** The response rate was 82% (n=193). A large proportion of each of the professional groups lacked simulation-based training and assessment of their NTSs. Compared with pilots and HCMs, physicians undergo statistically significantly less frequent simulation-based training and assessment of their NTSs. Fifty out of 82 (61%) physicians were on call for more than 72 consecutive hours on a regular basis. Of these, 79% did not have any training in coping with fatigue. In contrast, 72 out of 73 (99%) pilots and HCMs were on call for more than 3 days in a row. Of these, 54% did not have any training in coping with fatigue.

Conclusions Our study indicates a lack of simulationbased training and assessment. Pilots and HCMs train and are assessed more frequently than physicians. All professional groups are on call for extended hours, but receive limited training in how to cope with fatigue.

INTRODUCTION



Key messages

What is already known on this subject?

- Human error and deficient non-technical skills among providers of ALS in helicopter emergency medical services (HEMS) is a threat to patient and operational safety.
- Skills can be improved through simulationbased training and assessment.
- Crew resource management is a safety management strategy, mandatory for crew members in HEMS, intended to train and assess non-technical skills.

What might this study add?

- ► A significant number of crew members in the Norwegian HEMS lacked simulation-based training in, and assessment of, generic nontechnical skills.
- All professional groups in HEMS are on call for extended hours but receive limited training in how to cope with fatigue.

Major adverse events in HEMS are rare, but the overall incidence of adverse events remains unknown.² Poor interdisciplinary communication seems to be a significant factor in adverse events in air ambulance services⁷ and during trauma resuscitation. Baseline haemodynamic instability, mechanical ventilation and on-scene calls are factors associated with increased risk of life-threatening events in transit.9 Human error in any of these settings can be fatal.

Crew resource management (CRM) is a conglomerate of multidisciplinary, safety-management principles and training interventions designed to reduce human error by enhancing non-technical skills (NTSs). 10 11 NTSs can be defined as 'the cognitive, social and personal resource skills that complement technical skills, and contribute to safe and effective task performance'. 5 12 Seven generic categories of NTSs have been suggested: situation awareness, decision-making, communication, teamwork, leadership, managing stress and coping with fatigue. 12 Systematic training and assessment of NTSs in HEMS has received little attention in the past, although CRM training is required for all crew members. The time-pressured HEMS environment is not particularly suited for experiential training of NTSs.





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Simulation-based training and assessment of NTSs, as one of several CRM training interventions, is called for and recommended. 13–16 Multiprofessional simulation allows repetitive practice in rare conditions and potentially dangerous operations in a safe environment, reinforces understanding across disciplines, and permits real teams to train based on the knowledge of challenges and deficiencies. 15–16 Simulation-based trauma team training has shown a significant effect on learning and team performance. 15–17 Simulation is a useful tool for developing NTSs. 14

The aim of this study was to document the current level of simulation-based training and assessment of a generic set of basic NTSs among crew members of the Norwegian HEMS. We hypothesised that crew members lacked simulation-based training in, and assessment of, NTSs. We also hypothesised that the extent of simulation-based training and assessment of these skills differed across the professional groups in this service.

METHODS Setting

Eleven civilian HEMS bases operate in Norway today. Work is carried out by a small team (crew). Three crew members is the main crew concept. Each individual belongs to a separate profession. All of these professionals have their own group cultures and team dynamics, with different backgrounds and expertise, and they often work together only for a short period of time. The individual with his/her professional background is the basic building block from which HEMS crews are formed. ¹² In addition, team composition is continually shifting. This is why we chose to stratify our analysis by profession.

The pilot is the mission commander and has primary responsibility for flight safety and navigation; the HEMS crew member (HCM) is responsible for rescue operations and assists the physician on-scene and the pilot during flight operations; meanwhile, the physician is a certified or in-training anaesthesiologist responsible for patient treatment and care on-scene and during transportation to the hospital. Only one base operates with a nurse on board in addition to the aforementioned three-man crew. This is a local adaptation and is thus not representative of the general crew composition.

Questionnaire

Eight question categories relating to education and training in NTSs were presented as an extension of a patient safety climate questionnaire (see online supplementary appendix, section I). The present study focuses on the two question categories documenting the overall extent of simulation-based training (question I6) and assessment (question I7) on a four-point ordinal scale (0, 1–2, 3–5, >5 times per year). Both question categories contained seven questions, one for each of the aforementioned seven generic NTS categories: (1) decision-making, (2) leadership, (3) communication, (4) situation awareness, (5) teamwork, (6) managing stress and (7) coping with fatigue. ¹²

The questionnaire contained information on one possible explanatory variable: the maximum number of consecutive on-call duty hours, reported on a seven-point ordinal scale.

Data collection

Between 8 May and 25 July 2012, we conducted an anonymous, cross-sectional survey among all 207 physicians, HCMs and pilots working in the civilian Norwegian HEMS. To maximise the response rate, a commentary on the upcoming study was published in the *Norwegian Medical Journal*. The survey was distributed via both e-mail, with a link to a web-based

questionnaire (Questback), and an identical paper version (see online supplementary appendix) along with prepaid stamped return envelopes. After 2–4 weeks, all crew members received a follow-up phone call as a reminder and encouragement to answer.

Questionnaires returned with missing data on occupation or profession were excluded. We also excluded those with more than 50% missing values in order to maintain consistency with an upcoming psychometric analysis from other parts of the questionnaire relating to safety climate, but not within the scope of this survey (see online supplementary appendix). Respondents were excluded if they did not work in the civilian HEMS (eg, military search and rescue helicopter or aeroplane) and if they did not belong to the aforementioned target group of professionals (eg, nurses and paramedics).

Statistical analysis

Our unit of analysis is the professional groups rather than the HEMS crew as a whole. Descriptive data are presented as ratios or numbers. Spearman's correlation (r_s) was calculated to assess the inter-item association between each of the seven items in question categories I6 and I7. Frequency of simulation-based training and assessment of NTSs across all professional groups is presented as bar charts. The group of nurses was considered too small (n=6) to allow comparison of professional groups in a rigorous statistical analysis.

To assess possible differences in simulation-based training and assessment between professions, we dichotomised the items (0=no training/assessment, 1=some training/assessment) and used them as dependent variables in a series of logistic regression models, with crew type as a three-level nominal explanatory variable: physician, HCM and pilot. The last of these was used as the reference group, since the aviation industry has led the field and driven formal assessment of individual pilot's NTSs. 19 Results are presented as OR with 95% CI.

Fisher's exact test was used to explore the association between crew members working for the health enterprise (physicians) or the flight operators (HCMs and pilots) and three dichotomised variables by using a two-by-two design: on-call duty hours (0=less than or equal to 72 h, 1=more than 72 h); simulation-based training and assessment (0=no training/assessment, 1=some training/assessment). Results are presented as ratios (%) and numbers, and a p value less than 0.05 was considered significant.

SPSS V.18.0 and the freeware R 2.12 were used for all calculations.

Ethics

This study was conducted in compliance with the ethics guidelines of the Helsinki Declaration. All participants received written information about the purpose of the study, and were told that the data would be collected anonymously and treated in confidence. The regional ethics committee of South-Eastern Norway (reference number 2010/3326) and the Norwegian Social Science Data Services reviewed and approved the study. Written informed consent was considered unnecessary, since responding to the questionnaire was voluntary.

RESULTS

Of the 207 people working at the 11 Norwegian HEMS bases, 172 responded (150 electronically, 22 on paper via mail), of which 158 were eligible for inclusion. Accordingly, the response rate was 81.8% (figure 1). All HEMS bases were represented among the respondents. Of the included respondents, 82

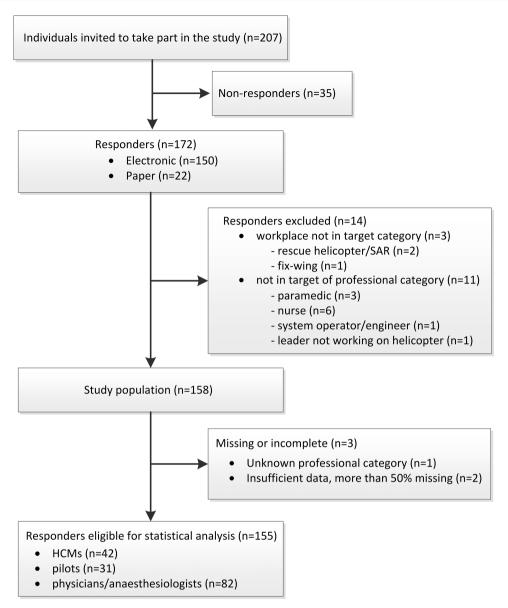


Figure 1 Participant flow through the study illustrating inclusion/exclusion of respondents. HEMS, helicopter emergency medical service; HCM, HEMS crew member; SAR, search and rescue.

(52.9%) were working for the health enterprise, and 73 (47.1%) for the flight operator. None of the HCMs had less than 5 years of prehospital experience. In contrast, 26 of the 82 physicians (31.7%) and 13 of the 32 pilots had less than 5 years of prehospital experience. Of the HCMs, 33 (78.6%) had more than 10 years of prehospital experience.

There is a strong correlation $(0.68 \le r_s \le 0.89)$ between the generic NTS categories 1–6 related to the simulation-based training of NTSs (table 1, question category I6). Correlation between these six categories and the skill category 'coping with fatigue' was generally somewhat smaller $(0.53 \le r_s \le 0.78)$. There is also a strong correlation $(0.77 \le r_s \le 0.91)$ between the NTS categories 1–6 related to the assessment of NTSs (table 1, question category I7). Correlation between these six categories and the skill category 'coping with fatigue' was distinctly smaller $(0.62 \le r_s \le 0.76)$.

Visual inspection of the bar charts of the frequency of simulation-based training (figure 2) and assessment (figure 3) indicate that HCMs generally appear to train and undergo

assessment more frequently, and physicians less frequently, than pilots.

These apparent differences in simulation-based training between groups of crew members are, however, not statistically significant (table 2, question category I6). The tendency for ORs to be larger for HCMs and smaller for physicians can be seen across all skill categories, but CIs are wide.

Physicians are assessed significantly less frequently than pilots (table 2, question category I7), but the differences between HCMs and pilots are not statistically significant. There is, however, also a tendency here for ORs to be larger for HCMs and smaller for physicians across all skill categories.

Compared with employees working for the flight operator (pilots and HCMs), employees working for the health enterprise (physicians) undergo statistically significantly less frequent simulation-based training (table 3, question category I6) and assessment (table 3, question category I7).

All professional groups work longer hours and are exposed to significant fatigue. Of the hospital employees, 50 out of 82

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Inter-item correlations (Spearman r, r_s) between each of the seven generic non-technical skills (NTSs) in the guestion categories I6 and I7 1 5 6 7 2 3 Question category NTS category 16: Simulation-based training 1. Decision-making of NTSs (144≤n≤150) 2. Leadership 0.85 0.88 3. Communication 0.89 0.85 4. Situation awareness 0.80 0.81 0.83 5. Teamwork 0.85 0.77 0.85 0.68 6. Managing stress 0.71 0.71 0.74 0.77 0.78 7. Coping with fatigue 0.59 0.60 0.56 0.61 0.53 I7: Assessment of NTSs (145≤n≤149) 1. Decision-making 2. Leadership 0.91 0.89 3. Communication 0.90 4. Situation awareness 0.86 0.81 0.90 0.82 5. Teamwork 0.88 0.87 0.83 0.82 6. Managing stress 0.80 0.80 0.77 0.80 7. Coping with fatigue 0.76 0.65 0.66 0.62 0.68 0.62 Missing values were excluded pairwise. All correlations (I6 and I7) reached statistical significance at the 0.01 level (two-tailed).

(61%) were on call for more than 72 consecutive hours on a regular basis. Of these, 79% did not have any training in coping with fatigue. In contrast, 72 out of 73 (99%) pilots and HCMs were on call for more than 3 days in a row. Of these, 54% did not have any training in coping with fatigue.

DISCUSSION

This is the first study of simulation-based training and assessment of NTSs in the Norwegian HEMS. We found considerable variation in the extent of simulation-based training and assessment of NTSs among the crew members. A significant number of crew members reported complete absence of simulation-based training and assessment.

The strength of correlations between the NTS categories was generally high. That is, the more respondents train or undergo assessment in one of the NTS categories, the more they

generally train or undergo assessment in other NTS categories. The item 'coping with fatigue' differs from the other skill categories, which might reflect the fact that it is not an explicit skill category but rather an item that influences the others.

Lack of simulation-based training

The need for training in complex environments is often underestimated.⁴ Our data indicate that, compared with HCMs and pilots, a statistically significantly smaller proportion of HEMS physicians have undergone simulation-based NTS training. Similarly, as early as 2001, it was suggested that anaesthesiologists lacked training in NTSs for critical situations in hospitals.¹⁰ To overcome this, Gaba and colleagues created a simulation-based curriculum based on key principles from aviation CRM training.¹⁰ Differences in task environment and professional cultures may help to provide an answer to what we have revealed.

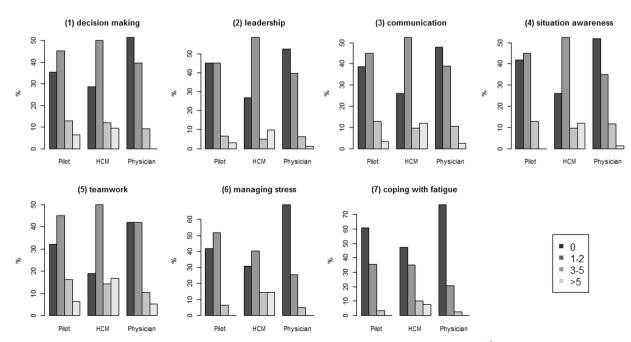


Figure 2 Multidisciplinary, prehospital simulation-based training of generic non-technical skills (1–7) in 2011. Complete answers from each of the three professional groups in a HEMS crew (horizontal axis) across four ordinal categories of frequency within a year (box). Proportion of individuals (relative frequency, %) within each professional group on vertical axis. HEMS, helicopter emergency medical service.

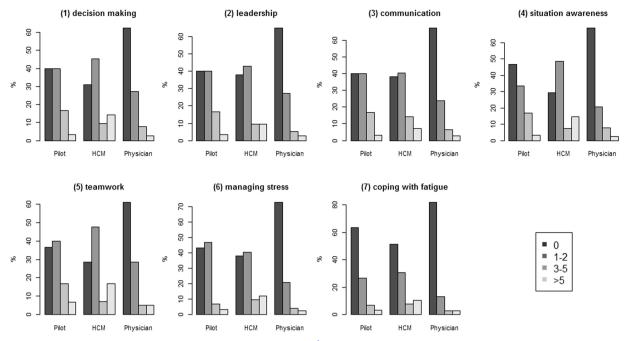


Figure 3 Assessment of seven (1–7) generic non-technical skills in 2011.¹ Complete answers from each of the three professional groups in a HEMS crew (horizontal axis) across four ordinal categories of frequency within a year (box). Proportion of individuals (relative frequency, %) within each professional group on vertical axis. HEMS, helicopter emergency medical service.

It is claimed that aviation is more procedure-based than prehospital critical care, and hence it is easier to train and assess crew in its process. Airline staff also have longer traditions of recurrent training in, and evaluation of, NTSs than medical staff. In addition, the professional cultures differ markedly. Aviation staff have managed to change the professional culture into one that recognises human limitations and the need for NTS training, while cultural resistance against extending CRM training into the medical domain has been reported. Another obstacle to training is that simulation-based training is a time-consuming and often costly activity that will disrupt clinical duties. A competent facilitator is needed to design and prepare a scenario, and the crew members need time for training and debriefing.

Lack of assessment

Similar to our findings on simulation-based training, physicians undergo NTS assessment significantly less often than the other professional groups. Domain-specific NTSs have been identified, and assessment tools have been developed, for teams and individuals in medical teams, but not in the context of prehospital critical care²² and HEMS. Without a frame of reference, the description and evaluation of NTSs will be ambiguous. What is assessed, how it is assessed and how this information is used will vary—and ultimately training may not be assessed at all. This may well be the reason for the lack of assessment in our data. Without carrying out thorough evaluations, it can be difficult to test skills, to provide feedback on skill development, to

Table 2 OR with 95% CIs for physicians and HEMS crew members (HCMs) having undergone simulation-based training (question category I6) and assessment (question category I7) of seven (1–7) generic non-technical skills (NTSs), compared with the group of pilots

		Physician			нсм		
Question category	NTS category (n)	OR (95% CI)	p Value	n _{phys} (missing)	OR (95% CI)	p Value	n _{HCM} (missing)
I6: Simulation-based	1. Decision-making (n=149)	0.52 (0.22 to 1.24)	0.139	76 (6)	1.38 (0.51 to 3.72)	0.530	42 (0)
training of NTSs	2. Leadership (n=150)	0.74 (0.32 to 1.71)	0.486	78 (4)	2.25 (0.84 to 6.04)	0.109	41 (1)
· ·	3. Communication (n=150)	0.68 (0.29 to 1.60)	0.379	77 (5)	1.78 (0.66 to 4.83)	0.257	42 (0)
	4. Situation awareness (n=150)	0.67 (0.29 to 1.55)	0.348	77 (5)	2.04 (0.76 to 5.48)	0.160	42 (0)
	5. Teamwork (n=149)	0.66 (0.27 to 1.58)	0.346	76 (6)	2.02 (0.69 to 5.94)	0.200	42 (0)
	6. Managing stress (n=151)	0.32 (0.14 to 0.76)	0.010	78 (4)	1.61 (0.61 to 4.24)	0.334	42 (0)
	7. Coping with fatigue (n=146)	0.46 (0.18 to 1.17)	0.103	78 (4)	1.71 (0.64 to 4.55)	0.284	40 (2)
17: Assessment of NTSs	1. Decision-making (n=149)	0.40 (0.17 to 0.96)	0.039	77 (5)	1.49 (0.56 to 3.97)	0.428	42 (0)
	2. Leadership (n=149)	0.36 (0.15 to 0.86)	0.021	77 (5)	1.08 (0.42 to 2.83)	0.870	42 (0)
	3. Communication (n=148)	0.33 (0.14 to 0.78)	0.012	76 (6)	1.08 (0.42 to 2.83)	0.870	42 (0)
	4. Situation awareness (n=148)	0.40 (0.17 to 0.94)	0.036	77 (5)	2.12 (0.79 to 5.65)	0.136	41 (1)
	5. Teamwork (n=149)	0.37 (0.15 to 0.88)	0.025	77 (5)	1.45 (0.58 to 3.93)	0.469	42 (0)
	6. Managing stress (n=149)	0.29 (0.12 to 0.69)	0.005	77 (5)	1.24 (0.48 to 3.23)	0.655	42 (0)
	7. Coping with fatigue (n=146)	0.38 (0.15 to 0.98)	0.046	77 (5)	1.64 (0.64 to 4.34)	0.318	39 (3)

Table 3 Proportion (%) of crew members in helicopter emergency medical services (HEMS) working for the health enterprise (physicians) and for the flight operator (HEMS crew members (HCMs) and pilots) who have undergone simulation-based training (question category I6) and assessment (question category I7) of seven (1–7) generic non-technical skills (NTSs)¹

Question category	NTS category	Health enterprise employee	Flight operator employee	N (missing)	p Value (2-sided)
16: Simulation-based training of NTSs	1. Decision-making	37/76 (48.7%)	50/73 (68.5%)	149 (6)	0.020
,	2. Leadership	37/78 (47.4%)	47/72 (65.3%)	150 (5)	0.033
	3. Communication	40/77 (51.9%)	50/73 (68.5%)	150 (5)	0.046
	4. Situation awareness	37/77 (48.1%)	49/73 (67.1%)	150 (5)	0.021
	5. Teamwork	44/76 (57.9%)	55/73 (75.3%)	149 (6)	0.037
	6. Managing stress	24/78 (30.8%)	47/73 (64.3%)	151 (4)	< 0.001
	7. Coping with fatigue	18/78 (23.8%)	32/68 (47.1%)	146 (9)	0.003
17: Assessment of NTSs	1. Decision-making	29/77 (37.7%)	47/72 (65.3%)	149 (6)	0.001
	2. Leadership	27/77 (35.1%)	44/72 (61.1%)	149 (6)	0.002
	3. Communication	25/76 (32.9%)	44/72 (61.1%)	148 (7)	0.001
	4. Situation awareness	24/77 (31.2%)	45/71 (63.3%)	148 (7)	< 0.001
	5. Teamwork	30/77 (38.9%)	49/72 (68.1%)	149 (6)	< 0.001
	6. Managing stress	21/77 (27.3%)	43/72 (59.7%)	149 (6)	< 0.001
	7. Coping with fatigue	14/77 (18.2%)	30/69 (43.5%)	146 (9)	0.001

point out strengths and identify training needs, and to determine whether an NTS training programme (CRM) is effective at improving the skills in question.¹²

Teamwork

Single- and multi-disciplinary team training are complementary methods, and personnel should participate in both to develop teamwork skills. ¹⁰ Our data imply that not all simulation training takes place within the framework of a complete multidisciplinary HEMS crew.

Team performance may directly affect patient safety. 10 16 A shared understanding—a shared mental model—of the task in hand and of the other team members' roles has been identified as one important characteristic of a high-performance team. 10 12 The physician and the HCM are primarily responsible for providing patient care on-scene. The pilot is the only crew member with no formal medical skill competencies, and he is thus least qualified to take part in the medical treatment. However, the pilot is often involved in simpler patient-related tasks to assist the medical crew, such as checking of medical equipment, resuscitation and preparing the patient for transport on the stretcher. This is similar to the physician, who does not have formal flight training, but has responsibilities related to flight safety both during take-off and landing and in-flight in order to supplement the pilot and the HCM. These tasks require teamwork and understanding across disciplines.

Duty hours

Regularly scheduled on-call duty for Norwegian HCMs lasts for up to 7 consecutive days around the clock. This is much longer than similar rotor-wing air medical programmes in the USA, where the maximum shift length has been reported to be 48 h.²³ A high number of duty hours a week is common among emergency medical service providers, and has been suggested to be in part culturally determined. Long shifts and on-call working is recognised as a risk to patients and operational safety.²³ ²⁴ The workload and frequency of HEMS missions will vary during the on-call period. On-duty rest and sleep is permitted for all crew members in Norway and must be obtained between missions. Working at night, for irregular hours, is inevitable and results in disrupted sleep and a displaced sleep schedule, which might affect mental performance, health and the risk

of adverse events.²³ ²⁴ To prevent fatigue, pilots and HCMs are protected by flight time limitations and rest time rules,²⁵ but these regulations do not deal with quality of rest and sleep between missions. HEMS physicians in Norway are protected by the same rest and sleep regulations as pilots and HCMs, but the regulations are enforced differently in different HEMS bases. Crew members in our study reported that they receive limited training on how to recognise and cope with fatigue.

Strengths and limitations of the study

The response rate for the survey was 81.8%, with few data missing, which is considered satisfactory and is a strength of the study. The study is limited by its small sample size. Despite a high response rate, which increases effective sample size and reduces non-responder bias, the number of respondents was too small to detect statistically significant differences between all the professional groups.

The study was limited to a set of seven broad generic NTS categories claimed to have general applicability across a wide range of high-risk work settings. ¹² The questions did not differentiate between composite team assessment and individual performance assessment. ¹²

We did not include conceptual explanations and definitions in our questionnaire. We assumed that the crew members already shared a common vocabulary for discussing the basic principles of NTSs, since CRM training is mandatory for all crew members in Norway.

In order to achieve maximum response rates, both a paper version and an electronic version of the questionnaire were made available at the same time in the data-collection period. We emphasised that each respondent had to fill out only one form each, either paper or electronic. We considered the likelihood of multiple responses from one individual very small and the advantage of a high response rate correspondingly large. There is still a possibility that a single respondent may have filled out more than one form.

The questionnaire was anonymous, and responding to the questionnaire was voluntary. However, there is a possibility that respondents to this type of questionnaire do not respond truthfully, or do not remember details exactly. This may result in under- or over-reporting. We do not have any information about the non-responders.

Implications

This study has implications for current practice and future research. Existing training requirements, and assessment criteria, for Norwegian HCMs are based on generalised statements of performance outputs. They do not clearly specify how often training for and assessment of NTSs should be. Mandatory NTS training requirements for crew members in the civilian Norwegian HEMS need to be specified as an incentive to train, with a view to licensing and registration. Special emphasis needs to be placed on patient safety issues relating to fatigue and sleep homoeostasis among crew members in HEMS. Future research might explore how to increase frequency of simulation-based NTS training with minimal disruption to clinical duties and with little expense.

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Contributors HBA: guarantor of the manuscript and responsible for the integrity of the data and the accuracy of the data analysis; conceived and designed the study; data collection, statistical analysis and interpretation of the data; and drafting, writing, review and incorporating coauthor feedback, revision, and final approval of the submission. SJMS: contributed to the concept and design, analysis and interpretation of the data, and the writing, review, revision and approval of the manuscript. LSÖ: contributed to the concept and design; analysis and interpretation of the data; and the drafting, writing, review, revision and approval of the manuscript. JR: contributed to statistical analysis and interpretation of the data; and the writing, review, revision of the article for important intellectual content, and approval of the manuscript. GTB: contributed to the concept and design; analysis and interpretation of the data; and the drafting, writing, review, revision and approval of the manuscript.

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Competing interests HBA is employed in a 70% clinical position at Stavanger University Hospital where he works as a consultant doctor at the Department of Anaesthesiology and Intensive Care. He is working in the prehospital services at the air ambulance base in Stavanger as part of his clinical position. HBA is a PhD fellow in a 50% position at the Norwegian Air Ambulance Foundation and the University of Bergen.

Ethics approval The regional ethics committee of South-Eastern Norway (reference number 2010/3326) and the Norwegian Social Science Data Services reviewed and approved the study.

Provenance and peer review Not commissioned; externally peer reviewed.

Data sharing statement There exist additional data on safety climate and crew members' perceptions of simulation-based training and assessment. These data are available to HBA, GTB, SJMS and LSÖ.

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Bakgrunn Menneskelig svikt og mangelfulle ikke-tekniske ferdigheter blant personell som jobber i legehelikopter tjenesten er en trussel mot pasientsikkerhet og operativ sikkerhet. Ferdigheter kan forbedres ved hjelp av simuleringsbasert trening og evaluering.

Målsetting Dokumentere omfanget av simuleringsbasert trening og evaluering av syv generiske, ikke-tekniske ferdigheter blant crewmedlemmer i den norske legehelikopter tjenesten.

Metode Elektronisk og papir basert tverrsnittsundersøkelse blant alle leger, redningsmenn og piloter som jobbet i den norske, sivile legehelikopter tjenesten (11 baser) i perioden mellom 8. mai og 25. juli 2012.

Resultat Respons raten var 82% (n=193). En stor andel av både leger, redningsmenn og piloter hadde ikke gjennomført simuleringsbasert treining av ikke-tekniske ferdigheter eller fått disse ferdighetene evaluert. Sammenliknet med piloter og redningsmenn trener legene signifikant sjeldnere på forbedring av sine ikke-tekniske ferdigheter. Femti av 82 (61%) leger hadde sammenhengende vakt i mer enn 72 timer, hvorav 79% ikke hadde trening i å takle fatigue. Til sammenlikning hadde 72 av 73 (99%) piloter og redningsmenn vakt sammenhengende i tre døgn, hvorav 54% ikke hadde fått trening i å takle fatigue.

Konklusjon Studien indikerer mangel på simuleringsbasert trening og evaluering av slik trening blant personell som jobber i legehelikoptertjenesten. Piloter og redningsmenn trener, og blir evaluert, hyppigere enn leger. Samtlige crew-medlemmer jobber lange vakter, men får begrenset trening i hvordan de kan takle fatigue.

Patient safety in pre-hospital services

Instructions

- This survey maps your opinion to patient safety, adverse events and event-reporting in your pre-hospital service.
- You have received an e-mail with a link to a web based questionnaire. You are free to chose whether you prefer to use this link or answer the identical paper-version of the questionnaire. In case you have not received an e-mail from us it is desirable that you fill out the paper-verision.
- The survey is anonymous. Your answers will be handled strictly confidential and your identity will not be traceable.
- Read the statements carefully. Be honest when answering. For each of the statements choose the one that fits best. The questionnaire should take approximately 15 minutes to complete.
- Use black or blue pen. Mark your choice with a cross.
- Please post the questionnaire in pre-paid stamped evelope as soon as possible.
 - An "<u>adverse event</u>" is defined as an accidental event due to medical examination and/or treatment.
 - <u>"Your unit"</u> is defined as the pre-hospital base or station where you primarely work. EXAMPLE: An ambulance station or a helicopter base which geographically is located in the same area and belongs to the same hospital, is considered as different pre-hospital units.
 - The terms "with us" and "management" refer to the unit where you primarely work, and to the management in this unit, respectively.

A: Your Work Area/Unit and patient safety

Please indicate your agreement or disagreement with the following statements

Think about your unit	Strongly Disagree ▼	Disagree ▼	Neither ▼	Agree ▼	Strongly Agree ▼
1. People support one another in this unit	□ 1	\square_2	\square_3	\square_4	\square_5
2. We have enough staff to handle the workload	□ 1	\square_2	\square_3	\square_4	\square_5
When a lot of work needs to be done quickly, we work together as a team to get the work done	□ 1	\square_2	\square_3	□ 4	\square_5
4. In this unit, people treat each other with respect	□ 1	\square_2	Пз	\square_4	\square_5
5. Staff in this unit work longer hours than is best for patient care	□ 1	\square_2	\square_3	\square_4	\square_5
6. We are actively doing things to improve patient safety	□ 1	\square_2	\square_3	\square_4	\square_5
7. We use more agency/temporary staff than is best for patient care	□ 1	\square_2	\square_3	\square_4	\square_5
8. Staff feel like their mistakes are held against them	□1	\square_2	\square_3	\square_4	\square_5

A: Your Work Area/Unit and patient safety (continued)	Strongly				Strongly	
Think about your unit	Disagree	Disagree	Neither	Agree	Agree	
Mistakes have led to positive changes here	. □1	\square_2	▼	▼	▼ □ ₅	
10. It is just by chance that more serious mistakes do not happen around here	·	\square_2	³	·	□ ₅	
11. When one area in this unit gets really busy, others help out	. 🔲 1	\square_2	Пз	□ 4	\square_5	
12. When an event is reported, it feels like the person is being written up, not the problem	1	\square_2	\square_3	\square_4	\square_5	
13. After we make changes to improve patient safety, we evaluate their effectiveness	□1	\square_2	Пз	□ 4	\square_5	
14. We work in "crisis mode" trying to do too much, too quickly		\square_2	\square_3	□ 4	\square_5	
15. Patient safety is never sacrified to get more work done	. 🔲 1	\square_2	\square_3	\square_4	\square_5	
16. Staff worry that mistakes they make are kept in their personnel file	. 🔲 1	\square_2	\square_3	\square_4	\square_5	
17. We have patient safety problems in this unit	1	\square_2	\square_3	\square_4	\square_5	
18. Our procedures and systems are good at preventing errors from happening	□1	\square_2	Пз	□ 4	\square_5	
19. I will ask my colleagues to stop work I consider is done in an unsafe manner	□1	\square_2	\square_3	□ 4	\square_5	
20. I will report if I become aware of a dangerous situation	1	\square_2	□ ₃	□ 4	\square_5	
B: Safety of employees						
Please indicate your agreement or disagreement with the following sta	Strongly Disagree	Disagree	Neither	Agree	Strongly Agree	
Think about your unit 1. My colleagues will stop me if I work in an unsafe manner	. □1	lacksquare	▼	▼ □4	▼ □5	
I will stop doing my job if I think it might be dangerous for me or others to continue	□₁		□ ₃	□ 4	□ ₅	
C: Your Supervisor/Manager						
Please indicate your agreement or disagreement with the following sta	tements a	bout you	r immedi	iate		
supervisor/manager or person to whom you directly report	Strongly Disagree	Disagree ▼	Neither ▼	Agree ▼	Strongly Agree ▼	
My supervisor/manager says a good word when he/she sees a job done according to established patient safety procedures		\square_2	3	v □4	□ ₅	
My supervisor/manager seriously considers staff suggestions for improving patient safety	П	\square_2	Пз	□ 4	 5	
Whenever pressure builds up, my supervisor/manager wants us to work faster, even if it means taking shotcuts	\Box	\square_2	Пз	□ 4	\square_5	
4. My supervisor/manager overlooks patient-safety problems that happen	□ 1	\square_2	\square_3	\square_4	\square_5	

over and over.....

D: Communications

How often do the following things happen in your work area/unit?					
Think about your work area/unit	Never ▼	Rarely ▼	Some- times ▼	Most of the time ▼	Always ▼
We are given feedback about changes put into place based on event reports	□ 1	\square_2	\square_3	□ 4	\square_5
Staff will freely speak up if they see something that may negatively affect patient care	□ 1	\square_2	\square_3	□ 4	\square_5
3. We are informed about errors that happen in this unit	□ 1	\square_2	\square_3	 4	\square_5
Staff feel free to question the decisions or actions of those with more authority	□ 1	\square_2	\square_3	□ 4	\square_5
5. In this unit we discuss ways to prevent errors from happening again	□ 1	\square_2	\square_3	□ 4	\square_5
6. Staff are afraid to ask questions when something does not seem right	□ 1	\square_2	\square_3	□ ₄	\square_5
E: Patient Safety Grade Please give your work area/unit in this hospital an overall grade on patic	ent safet	V.			
		,. 			
Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы Ы		E			
Excellent Very Good Acceptable Poor		Failing			
F: Frequency of Events Reported					
In your work area/unit, when the following mistakes happen, how often	are they	reported?	?		
Think about your unit	Never ▼	Rarely ▼	Some- times ▼	Most of the time ▼	Always ▼
When a mistake is made, but is <u>caught and corrected before affecting</u> the patient, how often is this reported?	□ 1	\square_2	\square_3	□ 4	\square_5
When a mistake is made, but has <u>no potential to harm the patient</u> , how often is it reported?	□ 1	\square_2	\square_3	□ 4	\square_5
3. When a mistake is made that <u>could harm the patient</u> , but does not, how often is this reported?	□ 1	\square_2	\square_3	□ ₄	\square_5
G: Number of Events Reported					
In the past 12 months, how many event reports have you filled out and s	submitte	d?			
☐ a. No events reported ☐ d. 6 to 10 event reports					
☐ b. 1 to 2 event reports ☐ e. 11 to 20 event reports					
☐ c. 3 to 5 event reports ☐ f. 21 event reports or more					

H: The pre-hospital system

Ple	ease indicate your agreement or disagreement with the following state	tements a Strongly	bout you	r pre-hos	spital sy	stem. Strongly
T I- :	into about or one boarded and an	Disagree	Disagree	Neither	Agree	Agree
	ink about your pre-hospital system Management provides a work climate that promotes patient safety	▼ □ 1	\square_2	▼ □3	▼ □ 4	▼ □ 5
2.	Pre-hospital units do not coordinate well with each other	□ 1	\square_2	Пз	\square_4	\square_5
3.	Things "fall between the cracks" when transferring patients from one unit	□ 1	\square_2	\square_3	□ 4	\square_5
4.	There is good cooperation among hospital units that need to work together	□ 1	\square_2	Пз	□ 4	□ ₅
5.	Important patient care information is often lost during shift changes	□ 1	\square_2	Пз	□ 4	\square_5
6.	It is often unpleasant to work with staff from other units	□ 1	\square_2	Пз	\square_4	\square_5
7.	Problems often occur in the exchange of information across pre- hospital units	□ 1	\square_2	\square_3	\square_4	\square_5
8.	The actions of pre-hospital management show that patient safety is a top priority	□ 1	\square_2	\square_3	\square_4	\square_5
9.	Management seems interested in patient safety only after an adverse event happens	□ 1	\square_2	\square_3	\square_4	\square_5
10.	Prehospital units work well together to provide the best care for patients	□ 1	\square_2	\square_3	□ ₄	□ ₅
11.	Handovers are problematic for patients in this prehospital system	□ 1	\square_2	\square_3	□ 4	□ ₅
	<u>Education and training</u> Which of the skills below have you received training in before you st	arted wor	king in th	e pre-ho	spital s	ystem?
05	a areas for each of the actoroxics a to a			Train	ing N	O training
	e cross for each of the categories a to g. Decision-making				1	\square_2
b.	Leadership				1	\square_2
C.	Communication				1	\square_2
d.	Situation awareness				1	\square_2
e.	Teamwork				1	\square_2
f.	Managing stress				1	\square_2
g.	Coping with fatigue				1	\square_2
2. I	During the last 12 months, how many times have you observed a col	league at	work for	exchang	e of exp	perience
	☐ a. None ☐ b. 1-2 times ☐ c. 3-5 times			d. More t	han 5 tir	mes

3.	Specify	the extent	of theoretical	training v	ou have be	en given in	each of the	pre-hospit	al skills belov

One cross for each of the categories a to g.	0 hour ▼	0-3 hours ▼	3-7 hours ▼	7-14 hours ▼	More than 1 hours ▼
a. Desicion-making		\square_2	\square_3	\square_4	\square_5
b. Leadership		\square_2	\square_3	\square_4	\square_5
c. Communication	1	\square_2	\square_3	\square_4	\square_5
d. Situation awareness		\square_2	\square_3	\square_4	□ 5
e. Teamwork	1	\square_2	\square_3	\square_4	□ 5
f. Managing stress	1	\square_2	\square_3	\square_4	\square_5
g. Coping with fatigue	1	\square_2	\square_3	□ 4	\square_5
4. Specify the extent of practical training you have been give	n in each of the pre-	hospital	skills be	low.	
One cross for each of the categories a to g.	0 hours ▼	0-3 hours	3-7 hours ▼	7-14 hours ▼	More than 1- hours ▼
a. Decision-making	₁		Пз	4	5
b. Leadership		\square_2	\square_3	\square_4	□ 5
c. Communication	1	\square_2	\square_3	\square_4	\square_5
d. Situation awareness		\square_2	\square_3	\square_4	\square_5
e. Teamwork	1	\square_2	\square_3	\square_4	\square_5
f. Managing stress	1	\square_2	\square_3	\square_4	\square_5
g. Coping with fatigue	1	\square_2	\square_3	□ 4	□ ₅
5. Do you feel that your pre-hospital skills are deficient relate	d to challenges you	have to	face in y	our dail	y work.
One cross for each of the categories a to g.			Defic ▼	ient	NOT deficient ▼
a. Decision-making				1	\square_2
b. Leadership				l ₁	\square_2
c. Communication				1	\square_2
d. Situasjonsbevissthet				l ₁	\square_2
e. Teamwork				l ₁	\square_2
f. Managing stress				l ₁	\square_2
g. Coping with fatigue				l ₁	\square_2

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6. How many times during 2011 did you participate in multidiciplinary pre-hospital simulation-based training of one or more of the skills below, along with your professional partners.

One cross for each of the categories a til g.	0 times ▼	1-2 times ▼	3-5 times ▼	More than 5 times ▼
a. Decision-making	□ 1	\square_2	\square_3	\square_4
b. Leadership	□ 1	\square_2	\square_3	\square_4
c. Communication	□ 1	\square_2	\square_3	\square_4
d. Situation awareness	□ 1	\square_2	\square_3	\square_4
e. Teamwork	□ 1	\square_2	\square_3	\square_4
f. Managing stress	□ 1	\square_2	\square_3	\square_4
g. Coping with fatigue	□1	\square_2	\square_3	\square_4
7.How many times during 2011 were your pre-hospital skills systematically obse	erved and	evaluate	∍d?	
One cross for each of the categories a to g.	0 times ▼	1-2 times ▼	3-5 times ▼	More than 5 times ▼
a. Decision-making	1	\square_2		4
b. Leadership	□ 1	\square_2	\square_3	\square_4
c. Communication	□ 1	\square_2	\square_3	\square_4
d. Situation awareness	□ 1	\square_2	\square_3	\square_4
e. Teamwork	□ 1	\square_2	\square_3	\square_4
f. Managing stress	□ 1	\square_2	\square_3	\square_4
g. Coping with fatigue	□ 1	\square_2	\square_3	□ ₄
8. Do your pre-hospital skills satisfy the skills requirement for your profession?				
One cross for each of the categories a to g.		Yes ▼	No ▼	Do not know ▼
a. Decision-making		□ ₁	\square_2	\square_3
b. Leadership		\square_1	\square_2	\square_3
c. Communication		\square_1	\square_2	\square_3
d. Situation awareness	••••	\square_1	\square_2	\square_3
e. Teamwork		\square_1	\square_2	\square_3
f. Managing stress		\square_1	\square_2	\square_3
g. Coping with fatigue		\square_1	\square_2	\square_3

J: Background Information

1. What is your primary work area/	profession? Select (ONE option or s	specify.			
a. Ambulance helicopter	d. Physician mai ambulance	nned car	g. Ambulance boat			
b. Search and Rescue helicopter (SAR)	a. Intensive care	ambulance	h. Other, please specify:			
c. Ambulance plane	f. Ambulance ca	r				
2. Where is your primary pre-hosp	oital unit located? Se	elect ONE option	n or please specify.			
a. Alta	h. Florø		o. Stavanger			
b. Arendal	☐ i. Førde		p. Tromsø			
C. Banak	☐ j. Gardermoen		q. Trondheim			
d. Bergen	k. Kirkenes		r. Ørland			
e. Bodø	I. Lørenskog		☐ s. Ål			
f. Brønnøysund	m. Rygge		t. Ålesund			
g. Dombås	n. Sola		u. Other, please specify:			
3. In your staff position, do you ty a. YES, I typically have dire b. NO, I typically do NOT ha	ect interaction or conta	act with patients.	atients.			
4. What is your staff position? Sel	lect one answer that	_	•			
∐ a. Pilot		_	in, anaesthesiologist			
☐ b. HEMS Crew Member (H	CM)	☐ h. Ambulan				
☐ c. Nurse anaesthetist		∐ i. Paramedic				
☐ d. Nurse, intensive care		_	system operator			
☐ e. Registered Nurse		L				
☐ f. Physician in training, ana	iestnesiology	i. Otner, pi	lease specify:			
5. How long have you worked in the	he pre-hospital syst	em?				
a. Less than 1 year	☐ d. 11 to 15 ye	ars				
☐ b. 1 to 5 years	☐ e. 16 to 20 ye	ears				
☐ c. 6 to 10 years	f. 21 years or	more				

3.	How many consecutive hours do	your regularly scheduled on-call duty last at most?
	☐a. 7-12 hours	☐e. 73-96 hours (3-4 days)
	☐ b. 13-24 hours	☐ f. 97-168 hours (4-7 days)
	☐c. 25-48 hours (1-2 days)	☐ g. Over 169 hours (7 days)
	☐d. 49-72 hours (2-3 days)	
7.	How long have you worked in you	ur current speciality or profession?
	☐a. Less than 1 year	☐ d. 11 to 15 years
	☐ b. 1 to 5 years	☐ e. 16 to 20 years
	C. 6 to 10 years	☐ f. 21 years or more
< :	Your comments	
Γh	ink about threats against patient s	afety
	Which are the three most prevaler vironment?	nt events you have observed or caused yourself in the pre-hospital
2.	Which are the three measures that	t you think could improve pre-hospital patient safety.
	Please feel free to write any commestem.	ents about patient safety, error, or event-reporting in your pre-hospital

Please put the questionnaire in the franked return evelope and post it as soon as possible.

THANK YOU FOR COMPLETING THIS SURVEY!

Spørreundersøkelse om pasientsikkerhet i prehospitale tjenester

Veiledning

- Undersøkelsen kartlegger <u>ditt syn</u> på pasientsikkerhet, uønskede hendelser og hendelsesrapportering i den prehospitale tjenesten der du jobber.
- En lenke til et tilsvarende <u>elektronisk skjema er sendt deg på e-post</u>. Du kan velge om du vil fylle ut elektronisk eller på papir. Om du ikke har fått tilsendt lenke er det ønskelig at du benytter papirskjema.
- Undersøkelsen er <u>anonym</u>, besvarelsen behandles strengt konfidensielt og din identitet vil ikke kunne spores.
- Les utsagnene nøye. Vær ærlig når du svarer. For hvert av utsagnene krysser du av for det alternativet som passer best.
- Det tar ca 15 min å fylle ut skjemaet.
- Bruk blå eller svart penn. Marker dine valg med et kryss.
- Utfylt skjema postlegges i ferdig frankert returkonvolutt snarest
 - En "<u>uønsket hendelse</u>" er definert som en utilsiktet hendelse som følge av medisinsk undersøkelse og/eller behandling.
 - <u>"Din enhet"</u> er definert som den prehospitale basen eller stasjonen du primært arbeider ved. EKSEMPEL: En ambulansestasjon og en helikopterbase som geografisk er lokalisert på samme sted og tilhører samme helseforetak, betraktes her som ulike prehospitale enheter
 - Med uttrykkene "hos oss" og "ledelsen" refereres fortrinnsvis til enheten hvor du arbeider primært, og til lederne i denne enheten.

A: Generelt om arbeidet og pasientsikkerhet

Hvor enig eller uenig er du i følgende uttalelser?

Геnk på din enhet	Helt uenig ▼	Uenig ▼	Både/og ▼	Enig ▼	Helt enig ▼
1. I vår enhet støtter vi hverandre	\square_1	\square_2	Пз	\square_4	\square_5
2. Vi er tilstrekkelig personell til å håndtere arbeidsmengden	\square_1	\square_2	\square_3	\square_4	\square_5
Når det er mange oppgaver som skal gjøres raskt arbeider vi sammen som et team for å løse oppgavene	□ 1	\square_2	□ ₃	□ 4	\square_5
4. I vår enhet behandler vi hverandre med respekt	□ 1	\square_2	\square_3	\square_4	\square_5
5. I vår enhet jobber vi lengre vakter enn hva som er best for pasientene	□ 1	\square_2	\square_3	\square_4	\square_5
6. Vi jobber aktivt for å forbedre pasientsikkerheten	□ 1	\square_2	\square_3	\square_4	\square_5
7. Vi bruker flere vikarer enn det som er til det beste for pasientbehandlingen	□ 1	\square_2	Пз	□ 4	\square_5
8. Ansatte føler at feil blir brukt mot dem	\square_1	\square_2	\square_3	\square_4	\square_5

A: Generelt om arbeidet og pasientsikkerh	et (forts.)	Helt				
Tenk på din enhet		uenig	Uenig	Både/og	Enig	Helt enig
9. Feil (og uønskede hendelser) er blitt brukt for a forandringer her		▼	▼	√	▼ □4	V □5
10. Det er kun en tilfeldighet at det ikke skjer flere enheten	-	□ ₁	\square_2	\square_3	□ 4	\square_5
11. Når ett område i enheten er overbelastet hjelp	er andre i enheten til	□ 1	\square_2	Пз	\square_4	\square_5
12. Når en uheldig hendelse blir rapportert, føles o ikke problemet, kommer i sentrum		□ ₁	\square_2	□ ₃	□ 4	\square_5
13. Når vi har gjennomført endringer for å forbedre evaluerer vi effekten		\square_1	\square_2	Пз	\square_4	\square_5
14. Vi jobber i "krisemodus" hvor vi forsøker å gjør	e for mye, alt for raskt	□ 1	\square_2	\square_3	\square_4	\square_5
15. Pasientsikkerhet blir aldri nedprioritert for å få	unna mer arbeid	□ 1	\square_2	\square_3	\square_4	\square_5
16. Ansatte er bekymret for at feilene de gjør blir repersonalmapper	_	□ 1	\square_2	\square_3	\square_4	\square_5
17. Vi har problemer med pasientsikkerheten i vår	enhet	\square_1	\square_2	\square_3	\square_4	\square_5
18. Våre prosedyrer og systemer fungerer godt for hendelser		□ 1	\square_2	Пз	□ ₄	\square_5
19. Jeg ber mine kollegaer stanse arbeid som jeg risikabel måte		□ 1	\square_2	\square_3	\square_4	\square_5
20. Jeg melder fra dersom jeg ser farlige situasjon	er	□ 1	\square_2	\square_3	□ 4	\square_5
B: Om sikkerheten til de ansatte						
Er du enig eller uenig i følgende uttalelser?		Helt				
Tenk på din enhet		uenig ▼	Uenig ▼	Både/og ▼	Enig ▼	Helt enig
Mine kollegaer stopper meg dersom jeg arbeid	ler på en usikker måte	1		□ ₃	П ₄	D ₅
Jeg stopper å arbeide dersom jeg mener at de meg eller andre å fortsette		□ 1	\square_2	□ ₃	□ 4	\square_5
C: Din nærmeste leder						
Er du enig eller uenig i følgende uttalelser om d	din nærmeste overordned	de eller de Helt	en perso	n, du refe	rerer ti	l?
		uenig ▼	Uenig ▼	Både/og ▼	Enig ▼	Helt enig ▼
Lederen min uttrykker seg positivt når han/hun overenstemmelse med våre prosedyrer for å iv sikkerhet	vareta pasientenes	□ 1	\square_2	\square_3	□ 4	\square_5
Lederen min vurderer personalets forslag om f pasientsikkerheten		□ 1	\square_2	\square_3	□ 4	\square_5
 Når arbeidspresset øker, ønsker vår leder at v om det kan bety at man må ta "snarveier" 		□ 1	\square_2	\square_3	□ 4	\square_5
4. Lederen min overser problemer med hensyn ti selv om en hendelse skjer gang på gang	•	\square_1	\square_2	\square_3	\square_4	\square_5

D: Kommunikasjon

Hvor ofte skjer følgende inne	ntor ditt arbei	asomrade/tagomra	ade?			_		
Tenk på din enhet				Aldri ▼	Sjelden	Av og til ▼	Ofte	Alltic
Vi får tilbakemeldinger om e rapporterte uønskede hend				v □1	v □2	v □3	v □4	□ ₅
Ansatte snakker åpent ut h pasientbehandlingen i nega				□ 1	\square_2	\square_3	□ 4	□ 5
3. Vi blir informert om uønske	de hendelser so	om skjer i vår enhet		□ 1	\square_2	Пз	□ 4	\square_5
4. Ansatte kan fritt stille spørs tatt av personer med mer a				□ 1	\square_2	\square_3	□ 4	
5. I denne enheten diskuterer uønskede hendelsene gjen				□ 1	\square_2	\square_3	□ 4	
6. Ansatte er redde for å stille	spørsmål når o	det er noe som virke	er feil	□ 1	\square_2	\square_3	□ 4	
E: Vurdering av pasientsik Gi en generell vurdering av p		eten i din enhet.						
A Fremragende	B Meget god	C Akseptabel	D Dårlig	N	E 1eget dårlig)		
F: Hyppighet av rapportert Hvor ofte blir nærhendelser r pasienten)?			om blir opp	daget og	g avverget	før de re	ekker å s	skade
Tenk på din enhet				Aldri ▼	Sjelden ▼	Av og til ▼	Ofte ▼	Alltic
Hvor ofte blir nærhendelser oppdaget og avverget så pa				_ □1	Ū 2		Т 4	
2. Hvor ofte blir feil som på <u>in</u>				□ 1	\square_2	\square_3	□ ₄	□ 5
Hvor ofte blir potensielt ska som <u>kunne skade pasiente</u>				□ 1	\square_2	\square_3	□ 4	
G: Antall uønskede hende	lser som blir	<u>rapportert</u>						
Hvor mange rapporter om uø	nskede hende	elser har du fylt ut	og viderese	endt inn	enfor de <u>s</u>	eneste 1	2 måned	lene?
a. Ingen rapporter	☐ d.	6-10 rapporter						
☐ b. 1-2 rapporter	☐ e.	11-20 rapporter						
C. 3- 5 rapporter	☐ f.	21 rapporter eller fl	lere					

H: Om det prehospitale systemet

Er	du enig eller uenig i følgende uttalelser om det prehospitale systemet					
TΔ	nk på systemet som helhet	Helt uenig ▼	Uenig	Både/og	Enig	Helt enig ▼
	Systemledelsen tilrettelegger for et arbeidsklima som fremmer pasientsikkerheten	v □1	v □2	V □3	V □4	_
2.	Prehospitale enheter er ikke flinke til å koordinere seg med hverandre	\square_1	\square_2	\square_3	 4	\square_5
3.	Ting "faller mellom stoler" når pasienter blir overflyttet fra en enhet til en annen	□ 1	\square_2	Пз	□ 4	\square_5
4.	Samarbeidet fungerer godt mellom enheter som har behov for å jobbe sammen	□1	\square_2	□ ₃	□ 4	□ ₅
5.	Informasjon som er viktig i pasientbehandlingen går ofte tapt ved pasientoverlevering	□ 1	\square_2	□ ₃	□ 4	□ ₅
6.	Det er ofte vanskelig å arbeide sammen med personale fra andre enheter	□ 1	\square_2	Пз	□ 4	□ ₅
7.	Det oppstår ofte problemer i forbindelse med utveksling av informasjon mellom prehospitale enheter	□1	\square_2	\square_3	□ 4	□ ₅
8.	Toppledelsens handlinger viser at pasientsikkerheten har topp prioritet	□ 1	\square_2	\square_3	\square_4	\square_5
9.	Ledelsen virker kun interessert i pasientsikkerhet etter at en uønsket hendelse har skjedd	□ 1	\square_2	\square_3	□ 4	\square_5
10.	Prehospitale enheter arbeider godt sammen for å sikre at pasienten får den beste behandlingen	□1	\square_2	□ ₃	□ 4	 5
11.	Pasientoverlevering er problematisk for pasientene prehospitalt	□ 1	\square_2	\square_3	□ 4	\square_5
	Opplæring og trening					
	hvilken eller hvilke av de prehospitale ferdighetene nedenfor fikk du bbe prehospitalt?	systema	tisk opp	læring <u>FØ</u>	<u>R</u> du	begynte a
				Opplæ	ring	INGEN opplæring
	tt <u>ett kryss for hver</u> av kategoriene a til g. Beslutningstaking				I	\square_2
b.	Ledelse				I	\square_2
C.	Kommunikasjon				I	\square_2
d.	Situasjonsbevissthet				1	\square_2
e.	Teamarbeid				1	\square_2
f.	Mestring av stress				I	\square_2
g.	Mestring av tretthet/fatigue				I	\square_2
	Hvor mange ganger har du, i løpet av de <u>siste 12 månedene,</u> deltatt på ed en kollega <u>fra samme yrkesgruppe,</u> for erfaringsutveksling?	å reelle pr	rehospit	ale oppdra	ag saı	mmen
6	a. Ingen	r		d. Mer en	n 5 ga	anger

3. Angi omfanget av <u>teoretisk opplæring</u> du har fått i hver av de p	rehospitale fe	rdighetene	nedent	for.	
Sett <u>ett kryss for hver</u> av kategoriene a til g.	0 timer ▼	0-3 timer ▼	3-7 timer ▼	7-14 timer ▼	Mer eni 14 time ▼
a. Beslutningstaking		\Box_2	3	V □4	□ ₅
b. Ledelse	🗖 1	\square_2	\square_3	\square_4	\square_5
c. Kommunikasjon	1	\square_2	\square_3	\square_4	□ ₅
d. Situasjonsbevissthet	🗖 1	\square_2	\square_3	\square_4	\square_5
e. Teamarbeid	1	\square_2	\square_3	\square_4	\square_5
f. Mestring av stress	1	\square_2	\square_3	\square_4	\square_5
g. Mestring av tretthet/fatigue	1	\square_2	\square_3	□ 4	□ ₅
4. Angi omfanget av <u>praktisk opplæring</u> du har fått i hver av de pre	ehospitale fero	dighetene i	nedenfo	or.	
Sett ett kryss for hver av kategoriene a til g.	0 timer ▼	0-3 timer ▼	3-7 timer ▼	7-14 timer ▼	Mer eni 14 time ▼
a. Beslutningstaking	1	\square_2	\square_3	\square_4	\square_5
b. Ledelse	1	\square_2	\square_3	\square_4	\square_5
c. Kommunikasjon	1	\square_2	\square_3	\square_4	\square_5
d. Situasjonsbevissthet	1	\square_2	\square_3	\square_4	\square_5
e. Teamarbeid	1	\square_2	\square_3	\square_4	\square_5
f. Mestring av stress	1	\square_2	\square_3	\square_4	\square_5
g. Mestring av tretthet/fatigue	1	\square_2	\square_3	\square_4	\square_5
5. Opplever du, per idag, noen av dine prehospitale ferdigheter so	m <u>mangelfulle</u>	i forhold t	til de utf	fordring	ene som
er påregnelige i jobben prehospitalt? Sett <u>ett kryss for hver</u> av kategoriene a til g.			Mang	elfull r	IKKE nangelful
a. Beslutningstaking] ₁	\square_2
b. Ledelse]1	\square_2
c. Kommunikasjon]1	\square_2
d. Situasjonsbevissthet]1	\square_2
e. Teamarbeid				- ·] ₁	
f. Mestring av stress				- ·] ₁	
g. Mestring av tretthet/fatigue				•	
5 5					

6.	Hvor mange ganger	i løpet av 2011	deltok du på	tverrfaglig pre	hospital sim	uleringstrening d	ler <u>du helt</u>	spesifikt
fik	<u>k trent</u> en eller flere a	av følgende fer	digheter, <u>san</u>	nmen med dine	naturlige sa	<u>marbeidspartnere</u>	<u>e</u> ?	

Sett <u>ett kryss for hver</u> av kategoriene a til g.	0 ganger ▼	1-2 ganger ▼	3-5 ganger ▼	Mer enn 5 ganger ▼
a. Beslutningstaking	□ 1	\square_2	\square_3	\square_4
b. Ledelse	□ 1	\square_2	\square_3	\square_4
c. Kommunikasjon	□ 1	\square_2	\square_3	\square_4
d. Situasjonsbevissthet	□ 1	\square_2	\square_3	\square_4
e. Teamarbeid	□ 1	\square_2	\square_3	\square_4
f. Mestring av stress	□ 1	\square_2	\square_3	\square_4
g. Mestring av tretthet/fatigue	□ 1	\square_2	\square_3	\square_4
7.Hvor mange ganger i løpet av 2011 ble følgende av dine prehospitale ferdighet evaluert?	ter <u>system</u>	natisk ob 1-2	servert	<u>og</u> Mer enn
Sett <u>ett kryss for hver</u> av kategoriene a til g.	0 ganger ▼			
a. Beslutningstaking	□ 1	\square_2	\square_3	 4
b. Ledelse	□ 1	\square_2	\square_3	\square_4
c. Kommunikasjon	□ 1	\square_2	\square_3	\square_4
d. Situasjonsbevissthet	□ 1	\square_2	\square_3	\square_4
e. Teamarbeid	□ 1	\square_2	\square_3	\square_4
f. Mestring av stress	□ 1	\square_2	\square_3	\square_4
g. Mestring av tretthet/fatigue	□ 1	\square_2	\square_3	\square_4
8. Tilfredstiller dine prehospitale ferdigheter gjeldende anbefalinger til kompeta kategoriene nedenfor?	nse, for di	n yrkesg	ıruppe, i	nnenfor
Sett <u>ett kryss for hver a</u> v kategoriene a til g.		Ja ▼	Nei ▼	Vet ikke ▼
a. Beslutningstaking		□ 1	\square_2	\square_3
b. Ledelse		□ 1	\square_2	\square_3
c. Kommunikasjon		□ 1	\square_2	\square_3
d. Situasjonsbevissthet		□ 1	\square_2	\square_3
e. Teamarbeid		□ 1	\square_2	\square_3
f. Mestring av stress		□ 1	\square_2	Пз
g. Mestring av tretthet/fatigue		□ 1	\square_2	\square_3

J: Bakgrunnsinformasjon

1. Hva er ditt <u>primære</u> arbeidsom	åde/fagområde? Ve	lg ETT svar elle	r spesifiser nærmere.	
a. Ambulansehelikopter	d. Legebemann ambulanse	et bil/	☐ g. Ambulansebåt	
b. Redningshelikopter (SAR)	e. Intensivambu	ılanse	h. Annet, vennligst spesifiser:	
c. Ambulansefly	f. Ambulansebil			
2. Hvor er din <u>primære</u> prehospita	ale enhet geografisk	lokalisert? Vel	g ETT svar eller spesifiser nærmere.	
a. Alta	h. Florø		o. Stavanger	
b. Arendal	i. Førde		p. Tromsø	
c. Banak	j. Gardermoen		q. Trondheim	
d. Bergen	k. Kirkenes		☐ r. Ørland	
e. Bodø	I. Lørenskog		s. Ål	
f. Brønnøysund	m. Rygge		t. Ålesund	
g. Dombås	n. Sola		u. Annet, vennligst spesifiser:	
 3. Er din stilling forbundet med d a. JA, jeg har direkte konta b. NEI, jeg har ikke direkte 4. Hvilken faggruppe tilhører du? a. Pilot b. Redningsmann c. Spesialsykepleier, anest d. Spesialsykepleier, intens e. Sykepleier f. Lege i spesialisering, an 	kt med pasienter. kontakt med pasiente Velg det svaret son	er. n best beskriver g. Lege, sp h. Ambula i. Parame j. System k. Maskini	pesialist i anestesiologi nsearbeider dic operatør	
				_
5. Hvor lenge har du arbeidet pre	hospitalt?			
a. Mindre enn 1 år	☐ d. 11 til 15 åı	r		
☐ b. 1 til 5 år	☐ e. 16 til 20 åı	r		
☐ c. 6 til 10 år	☐ f. 21 år eller	mer		

Hva er det maksimale antallet tim	ner du rutinemessig har sammenhengende vakt prehospitalt?
☐a. 7-12 timer	☐e. 73-96 timer (3-4 døgn)
☐ b. 13-24 timer	☐ f. 97-168 timer (4-7 døgn)
☐c. 25-48 timer (1-2 døgn)	☐ g. Over 169 timer (7 døgn)
☐d. 49-72 timer (2-3 døgn)	
7. Hvor lenge har du arbeidet i din r	nåværende spesialitet eller fag?
☐a. Mindre enn 1 år	☐ d. 11 til 15 år
☐ b. 1-5 år	☐ e. 16 til 20 år
☐ c. 6 til 10 år	☐ f. 21 år eller mer
K: Dine kommentarer	
Tenk på trusler mot pasientsikkerhe	ten
1. Nevn de 3 hyppigst forekommend	de uønskede hendelser som <u>du har observert eller forårsaket</u> prehospitalt?
2. Nevn 3 tiltak som <u>du</u> mener vil ku	nne <u>bedre pasientsikkerheten</u> prehospitalt.
2. Nevn 3 tiltak som <u>du</u> mener vil ku	nne <u>bedre pasientsikkerheten</u> prehospitalt.
2. Nevn 3 tiltak som <u>du</u> mener vil ku	nne <u>bedre pasientsikkerheten</u> prehospitalt.
2. Nevn 3 tiltak som <u>du</u> mener vil ku	nne <u>bedre pasientsikkerheten</u> prehospitalt.
	nne <u>bedre pasientsikkerheten</u> prehospitalt. entarer til pasientsikkerhet, feil/uønskede hendelser, rapportering etc.

Vennligst postlegg skjemaet i ferdig frankert returkonvolutt så snart som mulig.

TAKK FOR AT DU SVARTE!