BOOK REVIEWS


Critical care medicine is one of those areas of clinical practice which develops so rapidly that many standard tomes are virtually out of date before they are published. There was always a need for regular reviews of recent advances and there are several to choose from.

Current topics in intensive care 2 is the second annual edition of a series which aims to provide authoritative reviews of controversial or developing themes in the field of critical care medicine. Although written with the practise intensivist in mind the book will interest A&E trainees involved in research related to applied physiology and seniors with an interest in critical care.

This is a multi-author book which includes contributions from leading international authorities including Professors Wolfgang Dick and Paul Pepe who regularly publish in the emergency medicine literature. A wide range of diverse topics is addressed and an immense amount of detail has been crammed into these 11 chapters. The book is very heavily referenced – there are almost 1000 in the 290 page volume. Continuity of style has been preserved by careful editing by the principal author.

The first edition included two chapters from the A&E/CICU interface, on developments in intracranial pressure monitoring and investigation of the head injured patient, and post cardiac resuscitation. Topics of interest to A&E specialists in the current addition are chapter 1 on pre-hospital care, and chapter 4 on the initial management of the poisoned patient. The latter includes a useful table of common toxidromes and a critical review of gastrointestinal decontamination techniques. I particularly liked chapter 7, which is a comprehensive and up to date review of nutritional support in the intensive care unit.

There is much useful information in this impressive book. Even among the more esoteric topics there is something to learn for anyone whose last involvement with general pathology or molecular biology was more than five years ago.

PATRICK A NEE
Prescot, Merseyside


An important goal of accident and emergency medicine is to sustain and enhance dialogue and interaction between scientists and clinicians in order to promote a sound research base for the specialty. The topic of CNS responses to trauma patients represents an excellent example of integrated research involving multiple disciplines and a parallel growth of basic research and clinical studies.

Trauma, even when restricted to a single specific site, has effects influencing almost every homeostatic function and body system. This is the first volume in this series to look in depth at the way the brain responds to trauma and subsequently integrates and influences. metabolic, neuroendocrine, cardiovascular, and immune functions. The authors are all international authorities in their field and drawn from the United Kingdom, continental Europe and North America. There is a strong Mancunian input and the names of Stoner, Little, and Kirkman from the North West Injury Research Centre will be well known to most within our specialty. The topics which have been selected by the editors in this first volume represent the diversity of response of the CNS to trauma. Each chapter discusses established and recent data from experimental and clinical studies and considers the implications of these findings for the treatment of trauma patients. The authors' clarity and style have resulted in the book achieving two major objectives. Firstly it provides the reader with a basis for the more effective understanding and clinical management of trauma patients, and secondly it acts as a catalyst for future research endeavour. The content of each chapter is extremely well supported by a comprehensive and up to date bibliography and provides an invaluable source of further material.

This book is strongly recommended and would complement a departmental library in an accident and emergency department promoting an active interest in trauma research. There is plenty scope for further study of this subject and the results should lead to a considerable improvement in our ability to treat injured patients.

DAVID J STEEDMAN
Edinburgh


This book is a compact, ring bound rapid reference to emergency medicine. The wealth of information contained in its 572 pages is designed to be consulted rather than read from cover to cover. Most chapters offer a differential diagnosis of the common symptoms presenting to accident and emergency departments, followed by more details on the presentation, investigation, and treatment of specific conditions. Separate chapters deal with specific topics such as environmental emergencies and poisoning. A comprehensive index and cross referencing ensures that additional information present elsewhere in the book is not missed. Text is predominant with few diagrams and no illustrations.
Although the preface states that the book is aimed at emergency physicians at any level, in this country it will be most of value to senior house officers and middle grade trainees. In this respect the absence of references and suggestions for further reading is regrettable and the didactic style of authorship fails to acknowledge and debate areas where there are genuine differences in opinion. However, the depth of coverage offered will make this a valuable book to have in the desk drawer if not the coat pocket.

The main authors are two American emergency physicians and a professor of cardiology. As a result of North American authorship, there are differences from standard UK practice. The American Heart Association algorithms are used in the chapter on cardiac arrest and there is the inevitable need to substitute adrenaline for epinephrine and lignocaine for lidocaine. There is also relatively superficial coverage of trauma in comparison with medical and surgical emergencies, which reflects the workload in many American emergency departments. These are, however, minor points that do not detract from the overall quality of the text.

In summary, this book is well written and affordable. The format is ideal for those looking for a book which can offer them accurate and accessible information to use in clinical work. Those requiring more definitive referenced work would be better purchasing one of the major textbooks of Emergency Medicine.

GRAHAM JOHNSON
Plymouth


As specialisation proceeds apace, there is a tendency towards the production of larger and larger medical textbooks on smaller and smaller topics. This refreshingly short and concise book does not follow this trend. In a few clear and well presented pages it collects together all currently agreed guidelines and many of the normal values and drug doses relevant to A&E.

Partly because of its nature, there is really very little to criticise within the text. The most glaring deficiency of a book presumably directed at doctors throughout the United Kingdom is the failure to mention the different legal system in Scotland. A certain amount of northern wrath could have been easily avoided if differences in the Mental Health Act and the reporting of deaths to the Procurator Fiscal had at least been acknowledged. Apart from this, there are only one or two obvious omissions. The nomogram for estimating carboxyhaemoglobin concentrations at the time of exposure could usefully have been added, as could details and doses of anaesthetic drugs (which are mysteriously missing from the pharmacopoeia).

The authors justify their book by claiming that “the overstretched doctor cannot be expected to retain and recall all this information”. However, as far as many of the guidelines are concerned (for example, cardiac arrest, peri-arrest arrhythmias, status epilepticus, pneumothorax), our patients would surely expect a little more! Prospective candidates for higher examinations in A&E should be warned that examiners will certainly expect this knowledge to be thoroughly ingrained. Indeed, for this very reason alone, this book can be recommended as an essential purchase to all such candidates.

JONATHAN WYATT
Edinburgh

Institution of Engineers of Ireland

Impact Biomechanics, Injury & Traffic Safety


The aim of the programme is to bring the latest research on the biomechanics of impact injury to a wider technical and medical audience. It is only by achieving an understanding of how injury is caused that researchers and engineers can devise methods of mitigating injury severity. This one-week conference will bring to Ireland the world’s leading experts in the areas of traffic safety, injury, and trauma.

The programme consists of three events: (1) A course on Impact Biomechanics and Injury; (2) A public “Manning” lecture, and (3) the hosting in Dublin by the Institute of Engineers of Ireland of the 1996 International IRCOBI Conference.

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