

Supplementary table 1. Median weights for each value of MAC (overall and for each gender)

Mid arm circumference (cm)	Median weights (kg)		
	All subjects	Male	Female
13	8.2	8.0	8.8
14	10.2	10.3	10.2
15	12.5	12.8	12.2
16	14.9	15.4	14.5
17	17.7	18.3	17.2
18	21.0	21.5	20.4
19	24.7	25.1	24.3
20	28.7	28.9	28.5
21	33.0	32.9	33.0
22	37.3	37.1	37.5
23	41.7	41.4	42.0
24	45.9	45.8	46.2
25	50.0	50.1	50.0
26	53.9	54.3	53.6
27	57.6	58.5	57.0
28	61.3	62.5	60.2
29	64.8	66.4	63.4
30	68.4	70.1	66.7
31	72.0	73.7	70.0
32	75.5	77.3	73.5
33	79.2	80.8	77.0
34	82.9	84.5	80.7
35	86.7	88.3	84.3
36	90.6	92.3	88.0
37	94.7	96.6	91.7
38	98.7	101.1	95.4
39	102.8	105.7	99.0
40	106.8	110.4	102.6
41	110.8	115.3	106.1
42	114.9	120.3	109.6
43	118.9	125.5	113.1
44	123.0	130.7	116.6
45	127.1	136.0	120.1
46	131.2	141.4	123.7
47	135.4	146.9	127.3
48	139.6	152.3	130.9
49	143.7	157.8	134.6

50	147.9	163.3	138.3
51	152.1	168.7	142.0
52	156.3	174.2	145.8
53	160.6	179.7	149.5
54	164.8	185.1	153.3
55	169.0	190.6	157.1
56	173.2	196.1	160.9
57	177.5	na	164.7
58	181.7	na	168.5